STEP IT UP 2007

STEP IT UP AND STEP DOWN YOUR IMPACT

To solve this looming crisis of global climate change requires both individual action and political will. One of the single greatest things about living in a democratic nation is that with enough of the former, the latter surely follows. By attending this rally, you've made a great first step. Now we are asking you to do more. Simple changes in your lifestyle will significantly reduce your impact on our climate. And when many of us make these changes, we'll be working together to ensure a vital and vibrant planet is here for our children, their children, and their children, too.

EIGHT WAYS YOU CAN REDUCE YOUR IMPACT TODAY

	Do it Now!	Will Do It	What to look for
Replace common (incandescent) light bulbs with low energy Compact Fluorescent Light bulbs (CFLs)	☐	☐	
Use mass transit whenever you can	☐	☐	
Get a programmable thermostat and adjust it two degrees cooler in the winter and two degrees warmer in the summer.	☐	☐	
Keep your water heater set no higher than 120 degrees. You will save money and keep CO2 out of the atmosphere.	☐	☐	
Purchase an energy-saving (Energy Star) washing machine or refrigerator or other appliance when you replace your old one.	☐	☐	
Keep your tires properly inflated (check your car manual). Combine trips that require an automobile, and take the vehicle that gets the best gas mileage. When buying your next car, make gas mileage your major concern.	☐	☐	
Buy products such as groceries from local sources. The average U.S. meal travels 1,500 miles from farm to grocer to your plate.	☐	☐	
Switch to green power by purchasing renewable energy from your local utility < http://www.climatecounts.org/get_clean.html >	☐	☐	